

DUNTON



HOT SPRINGS

SPA TREATMENTS

We invite you to experience the very best in holistic and therapeutic treatments.

Our luxurious facilities promote the ultimate in relaxation and rejuvenation.

Each treatment is designed to offer a unique experience, using products selected for our mountain desert climate.

We suggest soaking in our healing mineral springs prior to your service to prepare your body and mind.

Please book in advance to ensure availability.

Dunton Custom Massage

After a soak in our nurturing mineral springs, our professional therapists will customize a massage just for you. Whether you like Swedish or a combination of different therapies, this treatment allows the space for the ultimate journey within.

\$195

Sports Massage

Designed to address your athletic needs; preparation for or recovery from athletic activities, injury prevention or to maintain your optimal condition.

Techniques include but are not limited to: Myofascial release, trigger points, passive/active stretching and movement.

\$195

Dolores Hot Stone Massage

Let the penetrating warmth of our Dolores River hot stones soothe your muscles and balance your energy. Nourishing oil and smooth hot stones transport you to a new level of relaxation and mountain bliss!

\$210

Deep Tissue Massage

A deeper style of bodywork used to relieve chronic muscle tension. Slow and direct pressure is used where you need it the most to affect your underlying muscles and structure.

\$210

Thai Yoga Massage

Compressions along your body's energy lines and passive stretching techniques are combined to remove blockages and rejuvenate your mind, body and spirit.

(Provided on a futon mat. Wear loose comfortable clothing)

\$225

Herbal Poultice Massage

Take your senses on a journey East. An aromatic warm poultice of lemongrass, sweet basil & kaffir lime is used to relax mind & body while relieving joint stiffness and inflammation. Followed by a nourishing lemongrass oil massage. Take your herb filled poultice to use in a bath to continue the spa experience at home.

\$225

Alpenglow Body Scrub

Choose from a variety of aromatherapy options, invigorating & detoxifying body scrubs that leave your skin feeling brand new and silky smooth. After a shower, receive a gentle and moisturizing massage.

Milk and honey sugar scrub

\$225

Couples Massage

Great opportunity to spend with your loved one relaxing and receiving therapeutic massage aromatherapy in our historic Pony Express treatment room.

Summer availability only

\$390

Mini-Facial Add On

Add this ultra hydrating mini-facial to any spa treatment you choose. A great addition for dry and/or sun and wind burned faces.

\$45

YOGA & PILATES

Meditation & Yoga

Simple meditation, pranayama & lomilomi breathwork and restorative yoga asana are combined to reduce stress, build concentration and restore peace of mind.

Also Available; Vinyasa Yoga, Restorative Yoga and Pilates

Sessions are 60 Minutes.

\$150 for an individual or \$200 for a couple.

Group sessions up to 6 people \$300

Each Treatment is 75 minutes

For your convenience, a customary 20% service charge will be added to your Spa invoice.

72-Hour Cancellation Policy