

DUNTON RIVER CAMP



CRESTO RANCH, CO

SPA TREATMENTS

We invite you to experience the very best in holistic and therapeutic treatments. The Spa Tent at Dunton River Camp promotes the ultimate in relaxation and rejuvenation. Each treatment offers a unique experience, using products and techniques designed for our high desert climate in the mountains.

Prepare your body and mind.

Please book in advance to ensure availability.

Dunton Custom Massage

Enjoy a customized massage after a day of outdoor recreation or relaxation. Whether you like Swedish or a combination of different therapies, your treatment will allow the space for the ultimate journey within.

\$195

Sports Massage

This is designed to address your athletic needs and maintain optimal condition. Focus may be in preparation for athletic activities, continuing recovery, or injury prevention.

Techniques may include: Myofascial release, trigger points, passive/active stretching and movement.

\$195

Dolores Hot Stone Massage

Let the penetrating warmth of our Dolores River hot stones soothe your muscles and balance your energy. Nourishing oil and smooth, hot stones transport you to a new level of relaxation and mountain bliss.

\$210

Deep Tissue Massage

Slow and direct pressure is used where you need it the most to affect your underlying muscles and structure. This is a deeper style of bodywork used to relieve chronic muscle tension.

\$210

Herbal Poultrice Massage

Enjoy a massage with lemongrass oil and an aromatic, warm poultice made of lemongrass, sweet basil and kaffir lime. It will relax your mind and body, relieving joint stiffness and inflammation. Take your herb filled poultice to use in a bath, continuing the spa experience in your tent or at home.

\$225

Couples Massage

Take time to relax with your loved one while receiving a therapeutic massage and aromatherapy.

\$390

FACIAL

Mini-Facial Add On

Add this ultra-hydrating mini-facial to any spa treatment you choose. A great addition for dry and/or sun and wind burned faces.

\$45

YOGA

Meditation & Yoga

Schedule time to breathe. Let your private instructor guide you to build concentration and restore peace of mind. Available techniques include: vinyasa, asana, pranayama.

Sessions are 60 Minutes

\$150 for an individual or \$200 for a couple.

Each Treatment is 75 minutes

For your convenience, a customary 20% service charge will be added to your Spa invoice.

72-Hour Cancellation Policy